

# Mediterranean - Authentic Healthy — Eco Friendly

地中海的-可靠的-健康的-環保的

There is a **simple idea** behind being Aberdeen Street.

我們鴨巴甸街酒吧餐廳懷著簡約的使命

We believe in delicious **food**, excellent **wine** and great **service**.

就是為客人提供美酒佳餚及貼心的服務

We carefully select **healthy**, **natural and sustainably farmed ingredients** for a succulent and healthy experience.

我們嚴選健康有機可持續發展的食材

Enjoy!

## MEZE / TAPAS / APPETIZERS

#### 餐前小吃前菜

Garlic Bread with olive oil (baguette or pitta) G 蒜香面包 (法國棍子麵包/墨西哥薄包)	\$58
Taco - choice of beef or veggies <sup>V</sup> 墨西哥卷餅 - 牛肉 / 素菜 Soft tortilla filled with onions, red peppers, Parmesan cheese and beef or black beans	\$58
Mini Beef Burger Mini Aberdeen burger 迷你鴨巴甸漢堡	\$60
<b>Hummus</b> VG served with warm pitta bread 鷹嘴豆泥醬 配墨西哥薄包	\$70
Kofta Beef Meatballs GF in tomato sauce 地中海牛肉丸	\$75
SD Greek Samosa <sup>V</sup> 希臘酥皮角(菲達芝士、蕃茄乾、薄荷、乳酪) Feta cheese, sundried tomato and mint samosa with yoghurt dipping sauce	\$70
Eggplant & Prosciutto Rolls GF 茄子帕爾瑪火腿卷	\$70
<b>Vegetarian Croquette</b> <sup>v</sup> 素菜米卷、紅蘿蔔、蘑菇、乳酪 Rice roll with carrot and mushroom with yoghurt dipping sauce	\$70
SD Pan con Tomato V  Three different toppings on toasted bread with olive oil and aged balsamic  蕃茄麵包-烤麵包上有三種不同配料 伴橄欖油、意大利黑醋	\$88
Lemongrass Blinis with Smoked Salmon 香茅薄餅、煙三文魚	\$75
SD Goat Cheese Spring Rolls V with pepper dipping sauce 山羊奶芝士春卷	\$75
Soup of the Day OR Tomato and Basil VG GF 是日餐湯 / 蕃茄羅勒湯	\$75
Garlic Prawn <sup>GF</sup> 蒜香煎大蝦子、白酒、青檸 Pan fried prawns with garlic, white wine and lime	\$85
Chicken Quesadillas with sour cream and guacamole 墨西哥雞肉餡餅	\$88
SD Warm Salami Bites with apricot and Comté cheese GF 莎樂美腸干杏,考姆特芝士	\$88
Nachos <sup>V GF</sup> 墨西哥粟米脆片 Freshly made corn chips, Mozzarella cheese, salsa, sour cream & guacamole add \$35 for beef or chicken topping 加牛肉或雞肉 \$35	\$90
SD Pepper Seared Fresh Tuna GF with tomato salsa and sweet balsamic dipping sauce 胡椒香烤新鮮吞拿魚墨西哥辛香番茄醬、甜意大利黑醋蘸醬	\$108

# SOHO SALADS 蘇豪沙律 - 主菜或多人分享

Greek Horiatiki Salad VGF 希臘沙律			\$98
Tomato, cucumber, onion, feta, olive, pepper	·蕃茄,	青瓜,洋蔥,羊奶 菲達芝士,橄欖,牛至	
<sup>SD</sup> Quinoa Salad <sup>V GF</sup> 藜麥沙律			\$98
Organic quinoa, tomato, cucumber, green on 有機藜麥,蕃茄,青瓜,青蔥,豆,羊奶菲達			
<b>Rocket Salad <sup>V GF</sup></b> 火箭菜沙律			\$98
Rocket salad, asparagus, poached egg, Parme 火箭菜、蘆筍、水煮嫩蛋、帕馬森乾酪	esan che	eese	
Graham Street V GF			\$130
Grapefruit, orange, tomato, cucumber, feta c 西柚、橙、蕃茄、青瓜、菲達芝士、蔬菜沙律		nixed green salad	
Wyndham Street <sup>VG GF</sup>			\$130
Asparagus, French bean, black bean, carrot, 蘆筍、法國扁豆、黑豆、紅蘿蔔、蕃茄、 青瓜		1 6	
Old Bailey Street <sup>v GF</sup>			\$130
Organic quinoa, red & green pepper, cucumb 有機藜麥、紅椒、青椒、 青瓜、蕃茄、菲達芝		· ·	
SD Staunton Street V GF			\$135
Avocado, asparagus, egg sunny side up, musl 牛油果、蘆筍、太陽蛋、蘑菇、大豆芽菜、印			
Caine Road <sup>VG GF</sup>			\$135
Lentil, garlic, coriander, sundried tomato, m green salad 扁豆、大蒜、芫荽、蕃茄乾、醃蟹			
Elgin Street <sup>V</sup>			\$145
Sundried tomato, mushroom, red pepper, cro salad 蕃茄乾、蘑菇、紅椒、麵包粒、羊奶芝		·	
Extra salad toppings 額外沙律酮	己料		
Egg (boiled/sunny side up) V GF 雞蛋(全熟/太陽蛋)	\$25	Parma ham <sup>GF</sup> 意大利巴馬火腿	\$40
Avocado <sup>VG GF</sup> 牛油果	\$30	Grilled chicken GF 烤雞肉	\$40
Feta cheese V GF 菲達芝士	\$30	Prawn <sup>GF</sup> 大蝦	\$35
Organic quinoa VG GF 有機藜麥	\$30	Smoked salmon GF 煙三文魚	\$35
Goat cheese on bread V 羊奶芝土配麵包	\$35	Fresh tuna GF 新鮮吞拿魚	\$65
Salad dressing 沙律醬汁			
<b>Avocado</b> 牛油果油、檸檬汁 <sup>VG GF</sup>		Bikini Time 希臘乳酪、薄荷、青檸 V GF	
Olive oil, lemon juice, avocado		Greek yogurt, mint and lime	
<b>Aberdeen Street</b> 橄欖油、意大利黑醋 <sup>VG (</sup> Olive oil and balsamic vinegar	GF .	<b>Honey mustard</b> 橄欖油、蜂蜜芥末 VG GF Olive oil and honey mustard	

SD: Signature Dish 招牌菜 VG Vegan 素食者 V Vegetarian 素食 GF: Gluten Free 無麩質 Prices are subject to a 10 % service charge 加一服務費

# VEGETARIAN CORNER 素菜精選

Roberta Quiche V Goat cheese, spinach and mushroom quiche, served with salad 羊奶芝士、菠菜、蘑菇法式鹹批、蔬菜沙律	\$130
Melanzane alla Parmigiana <sup>V GF</sup> 烤焗千層茄子 Fried aubergine baked with tomato sauce, Mozzarella and Parmesan cheese, served with mixed salad 蕃茄醬、水牛芝士、帕瑪森芝士、蔬菜沙律	\$140
<b>Veggie Risotto</b> <sup>V GF</sup> 意大利飯 <i>Creamy risotto with mushroom, spinach and Parmesan cheese</i> 忌廉意大利飯、蘑菇、菠菜、帕瑪森芝士	\$140
**P Veggie Brochette VG GF 素食串燒 Tofu and vegetables grilled on skewer, served with dipping sauce, quinoa and mixed salad 豆腐、蔬菜串燒、醬汁、藜麥蔬菜沙律	\$150
PASTA CORNER 意大利麵類	
We serve wholewheat organic spaghetti or organic linguine	
<b>Veggie Pasta</b> <sup>V</sup> 素食意大利麵 Fresh tomato sauce, zucchini, aubergine, olives, onions, peppers, Parmesan cheese 全麥意大利麵、鮮蕃茄醬、翠玉瓜、茄子、橄欖、洋蔥、甜椒、帕瑪森芝士	\$140
Chicken Pasta 雞肉意大利麵 Fresh tomato sauce, chicken breast, Parmesan cheese 全麥意大利麵、蕃茄醬、雞胸肉、帕瑪森芝士	\$145
Pasta Carbonara卡邦尼意大利麵Egg yolk, bacon, cream sauce, Parmesan cheese全麥意大利麵、蛋黃、煙肉、忌廉、帕瑪森芝士	\$150
Pasta Bolognese 蕃茄肉醬意大利麵 Fresh tomato sauce with beef, Parmesan cheese 全麥意大利麵、鮮蕃茄醬、牛肉、帕瑪森芝士	\$150

### SHARING PLATTERS 藍紋芝士

Cheese Platter  $^{V}$  藍紋芝士、卡門貝爾芝士、羊奶芝士、考姆特芝士、特選乾果、麵包  $^{V}$  A selection of cheese (e.g. blue cheese, camembert, goat cheese, Comté), dried fruits, served with bread

	For sharing 大份量	\$240
	Smaller Plate 小份量	\$130
句.		

Cold Cuts Platter 帕爾馬火腿、莎樂美腸、火腿、酸瓜、法國麵包 Parma ham, salami and white ham with cornichons served with bread

For sharing 大份量	\$240
Smaller Plate 小份量	\$130

#### SEA CORNER 海鮮類

Creamy risotto with seafood and Parmesan cheese 忌廉意大利飯、蘑菇、菠菜、帕瑪森芝士

Salmon GF 新鮮三文魚

Pan fried salmon fillet with caper saffron and cream sauce sautéed vegetables and

Pan-fried salmon fillet with caper, saffron and cream sauce, sautéed vegetables and mixed rice or quinoa 香煎三文魚配酸豆、藏紅花、忌廉醬、炒雜菜、印度香米或藜麥

SD Fish Tartar GF 鮮魚他他 Choice of tuna or salmon 吞拿魚 或 三文魚
Fish tartar (raw fish with onion, ginger, coriander, lemon juice) served on a bed of green salad with freshly made corn chips

\$185

Tuna Brochette <sup>GF</sup> 吞拿魚串燒 \$185

Grilled tuna brochette served with quinoa salad and wasabi sauce 烤吞拿烤串、藜麥沙律、日式芥末醬

鮮魚他他 (洋蔥、薑、芫荽、檸檬汁)、蔬菜沙律、玉米片

青口配紅蔥頭、芫荽、白酒、炒薯粒

Marinière Mussels <sup>GF</sup> 白酒煮青口 \$190 Mussels in shallot, parsley and white wine sauce, served with sautéed potatoes or baguette

SD Gran Pa Mussels GF 芝土煙肉青口 \$215

*Mussels in blue cheese, bacon and white wine sauce, served with sautéed potatoes or baguette* 青口配藍紋芝士、煙肉、白酒、炒薯粒

### MEAT CORNER 肉類

SD Kebab / Souvlaki GF 土耳其烤肉串/希臘串燒捲 Chicken breast grilled on skewer, served with Harissa dipping sauce, mixed rice and mixed salad 烤雞胸配哈里薩辣醬、香米飯、蔬菜沙律	\$165
Roasted Chicken <sup>GF</sup> 烤燒春雞 Roasted chicken with red pepper sauce, served with sautéed potatoes and vegetables 烤鸡、紅椒、炒薯粒、蔬菜沙律	\$175
<b>Ribeye steak</b> <sup>GF</sup> 肉眼牛扒  Grilled ribeye beef steak, served with mixed salad 香烤肉眼牛扒、蔬菜沙律	\$180
Chicken Tagine <sup>GF</sup> 摩洛哥陶鍋雞 Chicken stew with onions, olives, lemons, vegetables and spices, served with organic quinoa 摩洛哥陶鍋烹調雞肉,洋蔥,橄欖,檸檬,蔬菜,香料, 有机藜麦	\$185
SD Aberdeen Burger 鴨巴甸漢堡 Grilled marinated beef patty burger, tomato, goat cheese or camembert and lettuce, served with sautéed potatoes and salad 漢堡扒、蕃茄、羊奶芝士 或 法國卡門貝乾酪、生菜漢堡、炒薯粒、蔬菜沙律	\$185
Boeuf Bourguignon 紅酒燉牛肉 Beef stewed with carrots, onions, mushroom in red wine, served with linguine pasta 燉煮牛肉配紅蘿蔔、洋蔥、紅酒蘑菇、義大利扁麵	\$185
Lamb Rack <sup>GF</sup> 香烤羊架 <sup>GF</sup> Grilled half lamb rack served with steamed vegetables and mashed potatoes  香烤羊架半份、炒蔬菜、炒薯粒	\$185
ON THE CIDE water	

#### ON THE SIDE 配菜

#### \$35 each

Sautéed potatoes <sup>VG GF</sup> 炒薯粒 Mashed potatoes <sup>V GF</sup> 薯蓉 Sautéed vegetables <sup>VG GF</sup> 炒蔬菜 Organic quinoa <sup>VG GF</sup> 有機藜麥

#### \$30 each

Mixed salad <sup>VG GF</sup> 蔬菜沙律
Baguette <sup>VG</sup> 法國棍子麵包
Pitta Bread <sup>VG</sup> 墨西哥薄包
Mixed rice <sup>VG GF</sup> 印度香米飯

### **DESSERTS**<sup>v</sup>

#### 甜品v

Apple Tart Tatin 反烤蘋果塔         Warm caramelized apple tart served with cream - French style         焗暖焦糖蘋果批、配法國風味奶油	\$70
SD Chocolate Fondant 朱古力心太軟 French chocolate cake with warm melted middle, served with red fruit coulis 法國朱古力熔岩軟心蛋糕配紅莓醬	\$70
Crème Brûlée <sup>GF</sup> 法式焦糖燉蛋  Cold custard topped with warm hard caramel  冷凍燉蛋配暖硬焦糖	\$70
SD Crumble Spirit 金寶生果 A different fruit every week cooked, served with crumble on top 焗金寶多款時令生果	\$70
Fruit Salad VG GF 水果沙律 Fresh seasonal fruits 時令水果	\$65
Yummy Yogurt 美味乳酪 Greek yogurt, muesli, fruits and honey 希臘菲達乳酪、燕麥片、新鮮薄荷、蜂蜜	\$75

+ \$22 add vanilla ice cream VGF on your dessert 加雲尼拿雪糕

## KIDS' MENU

#### 兒童餐牌

<b>Soup of the day <sup>VG GF</sup></b> 是日餐湯 Smaller portion of vegetable soup 小份量的蔬菜湯	\$50
<b>Sautéed Potatoes <sup>VG GF</sup></b> with Ketchup 炒薯粒配醬汁	\$35
<b>Soft-boiled Egg</b> with Bread <sup>v</sup> 水煮蛋配麵包	\$35
<sup>SD</sup> Croque - Monsieur 法式三文治 French grilled ham and cheese sandwich 法式火腿芝士三文治	\$68
<ul> <li>Spaghetti 意大利麵</li> <li>with butter <sup>v</sup> 配牛油 <sup>v</sup></li> <li>with tomato sauce <sup>v</sup> 配蕃茄醬 <sup>v</sup></li> <li>with tomato and meat sauce 配蕃茄肉醬</li> </ul>	\$55 \$60 \$65
Mini Aberdeen Burger 迷你鴨巴甸漢堡 Grilled beef patty, Emmental cheese, lettuce & sautéed potatoes 烤牛肉漢堡扒、埃文達芝士、生菜、炒薯粒	\$85
Vanilla Ice Cream <sup>V GF</sup> 雲尼拿雪糕 <sup>V GF</sup>	\$48
KIDS' DRINKS	
兒童餐飲品	
Glass of milk <sup>V GF</sup> 杯裝牛奶	\$28
Fresh Juice <sup>VG GF</sup> 新鲜果汁 Orange, Grapefruit, Strawberry, Lemon Juice 橙子, 葡萄柚, 草莓, 柠檬	\$48
Grenadine VG GF	\$38