

STARTERS

Homemade Soup (GF)	9
Naan & Hummus (V)	12
Calamari	16
Classic Caesar *	17
Sashimi Salad (GF)	22
Falafel & Beet Salad (V,GF)	22

MAINS

Chicken Parmigiana <i>with fries and salad</i>	25
Seabass <i>with asparagus & potatoes</i>	26
Sesame Crusted Tuna Loin <i>with nicoise salad</i>	27

BURGERS & SANDWICHES

<i>A choice of fries or garden salad</i>	
Reuben Sandwich	22
Smoked Salmon Bagel	22
The Exchange Burger	24
Chicken Avocado Sandwich	24

PASTA *(Choice of fusilli, linguini or penne)*

Napolitano (V)	17
Smoked Bacon Carbonara *	19
Beef Bolognaise	21
Prawn Aglio Olio	22

GRILL

<i>Includes garden salad</i>	250g	500g
Corn-fed Chicken Breast	24	48
US Pork Loin	25	50
Grain-fed Bavette	28	56
Grass-fed Silver Fern Rib Eye	29	58
<i>Choice of sauce: Bordelaise sauce, black pepper sauce or béarnaise sauce</i>		
<i>Add on any side for \$5</i>		

SIDES

Buttered Mashed Potatoes	7
Tomato Cucumber Salad	8
Roasted Vegetables	8
Broccoli	9
Fries	9
Sautéed Button Mushrooms	10
Sweet Potato Fries	10
Potato Lyonnaise	10
Truffle Fries	12
Brussels Sprouts	12
Garlic & Celeriac Puree	12

DESSERTS

Ice Cream	4
Fresh Fruit Bowl	8
Chocolate Lava Cake	10
Coconut Panna Cotta	10
Lemon Crumble	12

All prices are subject to service charge and gst.
(GF) = Gluten Free (V) = Vegetarian * = Contains Pork

LUNCH SPECIALS

Mon - Fri, 12pm - 2pm

Main Course \$19.90

Starter +\$5

Dessert +\$5

STARTERS

A choice of:

Soup of The Day

Chef Salad

DESSERT

Dessert of the Day

MAINS

A choice of:

Chicken Katsu Burger with Fries

Fish & Chips

Bangers & Mash

Truffle Mushroom Fusilli (v)

500g Vongole Linguini (+\$3)

250g Roast Beef (+\$5)

with Yorkshire pudding & roasted vegetables

ADD-ON NOW OR TAKEAWAY LATER

MOCKTAILS

Virgin Mojito	10
The Exchange Fruit Punch	10
Krystal Vision	10
Lychee Iced Tea	10
Shirley Temple	10
Gunner	10

BEVERAGES

Coke, Coke Light, Sprite, Bitter Lemon	5
Ginger Ale, Ginger Beer	6
Americano	4.5
Cafe Latte, Cappuccino, Flat White	5.5
Dilmah Speciality Iced Flavoured Tea	5.5
Freshly Squeezed Fruit Juice	6
Apple, orange, carrot, watermelon	

All prices are subject to service charge and gst.

(GF) = Gluten Free (V) = Vegetarian * = Contains Pork