

GLUTEN-FREE MENU

WHEN ORDERING, PLEASE MENTION THAT YOU ARE CHOOSING FROM THE GLUTEN-FREE MENU EACH COURSE WILL BE MARKED AS GLUTEN-FREE

OLIVES 2,90

PIQUANT MIXED OLIVES 4,10

SAUCISSON SEC 3,85

- STARTERS -

FRENCH ONION SOUP 5,95

RUSTIC FRENCH ONION SOUP WITH A GLUTEN-FREE CROÛTE AND MELTED COMTÉ CHEESE

SMOKED SALMON 8,75

SLICED SMOKED SALMON WITH DILL, SHALLOTS, BABY CAPERS WITH TOASTED GLUTEN-FREE BREAD

TUNA CARPACCIO 9,95

SLICED, LIGHTLY SEARED RAW YELLOWFIN TUNA WITH BLACK OLIVES AND SAUCE VIERGE

CRAB MAYONNAISE 8,75

CRAB MAYONNAISE WITH AVOCADO, CUCUMBER, CAPERS, AND TARRAGON WITH TOASTED GLUTEN-FREE BREAD

PRAWN GRATINÉE 7,95

KING PRAWNS IN A WHITE WINE, GARLIC, CHILLI AND TOMATO SAUCE

CHARCUTERIE BOARD 7,35

JAMBON DE SAVOIE, SMOKED DUCK BREAST, SAUCISSON SEC AND DUCK RILLETTES WITH BABY GEM SALAD AND TOASTED GLUTEN-FREE BREAD

WARM ROQUEFORT SALAD 5,75

ENDIVE AND WALNUT SALAD WITH A WARM ROQUEFORT CHEESE DRESSING

CHICKEN LIVER PARFAIT 6,75

CHICKEN LIVER PÂTÉ WITH TOASTED GLUTEN-FREE BREAD AND SPICED APPLE CHUTNEY

- LIGHT MAINS -

MUSHROOM RISOTTO 10,95

SEASONAL WILD MUSHROOM RISOTTO WITH CEP CREAM AND TRUFFLE OIL

GOATS CHEESE SALAD 10,75

WARM GOATS CHEESE AND ROASTED VEGETABLE SALAD WITH BLACK OLIVE TAPENADE

CHICKEN AND WALNUT SALAD 12,25

CHARGRILLED CHICKEN WITH AVOCADO, BABY GEM LETTUCE, BABY SPINACH, SHALLOTS, FRENCH BEANS, WALNUTS AND A MUSTARD DRESSING

TUNA NIÇOISE 14,25

CHARGRILLED FRESH TUNA STEAK (SERVED MEDIUM RARE) ON CLASSIC NIÇOISE SALAD WITH FRENCH BEANS, CHERRY TOMATOES, BLACK OLIVES, PEPPERS, NEW POTATOES, EGG, BABY GEM LETTUCE AND RED ONION

SPINACH AND MUSHROOM CRÊPES 11,25

BAKED CRÊPES WITH WILD MUSHROOMS, SPINACH AND GRUYÈRE CHEESE

SIDES

FRITES 2,95

GREEN SALAD 2,95

GRATIN POTATO 3,35

BRAISED MINTED PEAS 3,35

FRENCH BEANS 3,35

GLAZED CARROTS WITH PARSLEY 3,15

CREAMED SPINACH 3,95

TOMATO, SHALLOT & BASIL SALAD 3,35

- MEAT & FISH -

ROAST DUCK BREAST 15,25

ROASTED DUCK BREAST (SERVED PINK) WITH GRATIN POTATO AND A GRIOTTINE CHERRY SAUCE

BEEF BOURGUIGNON 16,75

TRADITIONAL BEEF BOURGUIGNON WITH POTATO AND CHIVE PURÉE, BACON LARDONS AND CHESTNUT MUSHROOMS

POULET GRILLÉ 12,75

CHARGRILLED BUTTERFLIED CHICKEN BREAST WITH WILD MUSHROOM, CRÈME FRAÎCHE AND THYME SAUCE, SERVED WITH GRATIN POTATO

MOULES FRITES 12,95

MUSSELS COOKED WITH WHITE WINE, GARLIC, SHALLOTS, PARSLEY AND FRESH CREAM, SERVED WITH FRITES

STEAK FRITES 11,95

CHARGRILLED THINLY BEATEN OUT MINUTE STEAK WITH FRITES AND GARLIC BUTTER (SERVED PINK)

ROAST SEABASS 15,95

ROAST SEABASS FILLET, BRAISED FENNEL AND A CHAMPAGNE BEURRE BLANC WITH CHIVES AND TOMATO CONCASSE

ROASTED PORK BELLY 14,50

PAN ROASTED PORK BELLY WITH GRATIN POTATO, BRAISED SAVOY CABBAGE, APPLES, THYME AND CALVADOS JUS

FISH PARMENTIER 12,95

HADDOCK, PRAWN AND SALMON IN A CREAMY WHITE WINE AND LEEK SAUCE, TOPPED WITH MASH POTATO AND GRUYÈRE CHEESE

SALMON 13,75

CHARGRILLED SALMON WITH RATATOUILLE AND A LEMON JUICE AND OLIVE OIL DRESSING

- GRILLS -

POULET 'BRETON'

CORN FED CHICKEN REARED IN THE HEART OF RURAL BRITANNY IN THE WEST OF FRANCE WHICH IS RENOWNED FOR ITS POULTRY

HALF CHARGRILLED 'BRETON' CHICKEN 11,95
SERVED WITH FRITES

— CHOICE OF SAUCES —

GARLIC BUTTER 1,40

NORMANDY BUTTER WITH GARLIC, LEMON AND PARSLEY

WILD MUSHROOM SAUCE 2,75

WILD MUSHROOM, CRÈME FRAÎCHE AND THYME

PROVENÇALE SAUCE 1,85

CHERRY TOMATO, BASIL, GARLIC, CARAMELISED ONIONS AND BLACK OLIVES

- STEAKS -

ALL OF OUR STEAKS ARE FROM 30 DAY AGED GRAIN FED CATTLE AND SERVED CHARGRILLED WITH FRITES

10OZ RIBEYE 17,95

10OZ SIRLOIN 19,50

7OZ FILLET 21,50

ROQUEFORT BUTTER 2,10

NORMANDY BUTTER WITH ROQUEFORT CHEESE

GARLIC BUTTER 1,40

NORMANDY BUTTER WITH GARLIC, LEMON AND PARSLEY

BÉARNAISE SAUCE 2,10

TARRAGON, EGG, SHALLOT AND BUTTER SAUCE

PEPPERCORN SAUCE 2,35

GREEN PEPPERCORN, COGNAC AND CREAM

TRUFFLE HOLLANDAISE 3,10

HOLLANDAISE SAUCE INFUSED WITH BLACK TRUFFLES

- OCTOBER SPECIALS -

STARTER

CRAB BISQUE 6,50

HOMEMADE CRAB BISQUE

MAINS

HADDOCK FILLET 14,95

CSERVED WITH WILD MUSHROOM FRICASSEE, CRUSHED NEW POTATOES, SAUTÉED SPINACH, TARRAGON AND A CHAMPAGNE BEURRE BLANC

HERB ROASTED CHICKEN SUPRÊME 14,50

HERB ROASTED CHICKEN SUPRÊME WRAPPED IN FRENCH STREAKY BACON, SERVED WITH JERUSALEM ARTICHOKE AND A CREAMY MUSTARD SAUCE

STEAK AU POIVRE 21,50

PEPPER CRUSTED 10OZ RIBEYE STEAK WITH COGNAC AND PEPPERCORN SAUCE, FRITES AND WILTED BABY SPINACH

SIDE

HISPI CABBAGE 3,50

BRAISED HISPI CABBAGE WITH PARSLEY, BUTTER AND FRESH LEMON JUICE

- DESSERTS -

CRÈME CARAMEL 5,85

TRADITIONAL SET VANILLA POD CUSTARD WITH DARK CARAMEL AND CREAM

FROZEN BERRIES WITH WHITE CHOCOLATE SAUCE 4,95

FROZEN SUMMER BERRIES WITH WARM WHITE CHOCOLATE SAUCE

CHOCOLATE MOUSSE 4,95

DARK CHOCOLATE MOUSSE

CRÈME BRÛLÉE 5,95

CLASSIC CARAMELISED VANILLA CUSTARD

ICE CREAMS & SORBETS 4,85

VANILLA, CHOCOLATE AND STRAWBERRY ICE CREAM AND LEMON SORBET

CHOCOLATE POT 3,95

DARK CHOCOLATE POT WITH CRÈME FRAÎCHE

CHEESE 6,85

ROQUEFORT, REBLOCHON AND COMTÉ SERVED WITH TOASTED GLUTEN-FREE BREAD AND GRAPES

WE USE FLOUR AND OTHER INGREDIENTS CONTAINING GLUTEN IN OUR KITCHENS, HOWEVER PROCESSES AND TRAINING ARE IN PLACE TO ENSURE THAT ALL OPTIONS ON THE GF MENU ARE GLUTEN-FREE.

ALLERGEN INFORMATION IS AVAILABLE UPON REQUEST



accredited by

coeliacuk
live well gluten free

AN OPTIONAL GRATUITY OF 12.5% WILL BE ADDED TO YOUR BILL ALL GRATUITIES GO DIRECTLY TO THE STAFF IN THIS RESTAURANT
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