



CAU  
STEAKHOUSE

# CAU

## STEAKHOUSE

### Perfect Argentine Steak

Our beef comes direct from La Pampa region of Argentina where cattle rearing is taken as seriously as religion. Our dedicated herds of Aberdeen Angus have a natural, free roaming life and are 100% grass-fed providing flavoursome meat with beautiful texture. Our beef arrives perfect for the grill remaining tender for serving. We take the finest prime cuts and the beef is wet aged for at least 30 days to bring out the subtle flavour of the meat without losing any of its juiciness.

### Chef's Cut

We pride ourselves in great food that is prepared from scratch each day. Whether you choose a chef's cut or classic, your steak is cut to order in the restaurant and then is seasoned, basted and cooked to order on our grill.

### Keeping It Fresh

Here at CAU we are always coming up with new dishes and we love to add an Argentinian twist – try something different today at CAU. We enjoy getting your feedback so please get in touch via our website or email.

### Our Menu

Our menu inspiration comes from the vibrant city of Buenos Aires which takes the best influences from Italian, Spanish & Argentine cuisine. Look out for the authentic touches:

**Chimichurri** – Argentinian classic salsa of red bell pepper, Spanish onion, ají molido, garlic, parsley, sherry vinegar & olive oil

**Pico de gallo** – a fresh Latin tomato salsa

**Ají amarillo** – a fruity hot Peruvian yellow chilli

**Ají molido** – sun dried ají amarillo

**Churrasco** – Argentinian marinade of smoked paprika, ají molido, garlic & parsley

MENU0518ALC10\_AMS

## Nibbles

OLIVES PIQUANTE €4.25 <sup>⓪</sup> <sup>Ⓞ</sup>

BREAD €4.25 <sup>⓪</sup>

Selection of fresh breads & chimichurri butter

HUMMUS & CRISP BREADS €4.95 <sup>⓪</sup>

With aubergine caviar, chilli & nuts

## Starters

STICKY CHICKEN WINGS €6.95

Sticky sweet soy & ginger with a chilli kick

POTTED VEAL PATE €7.50

With toasted bread, cornichons & pickles

SHRIMP CHICHARRÓN €7.50

Crispy fried shrimp, ají amarillo sauce, red jalapeño, spring onion & coriander cress

CROQUETTES €7.50

The classic Spanish favourite

- Smoked haddock
- Porcini mushroom & black truffle <sup>⓪</sup>
- Ham hock & manchego

BEEF CARPACCIO €8.50

Rump steak, green chimichurri, cherry & sunblush tomatoes

SALMON CARPACCIO €8.50

Fresh avocado, beetroot & chive cream fraîche

EMPANADAS €8.50 for any 2

Our Argentinian filled 'mini pasty'

- Spanish chorizo & cream cheese
- Spinach, ricotta & date <sup>⓪</sup>
- Spicy beef

## Burgers

LATIN BURGER €15.95

Grilled beef topped with jalapeños, grilled peppers & fresh avocado

BBQ BURGER €15.50

Grilled beef topped with cheddar cheese, onion rings & BBQ sauce

CLASSIC BURGER €13.50

Grilled beef with beef tomato, lettuce, tomato sauce & mayo

VEGGIE BURGER €13.50 <sup>⓪</sup>

Homemade quinoa & mushroom patty, tomato, guacamole & jalapeños

- Fried egg, bacon, cheese, onion ring (€1.00 each)
- Extra patty (€5.95)

<sup>⓪</sup> Denotes the vegetarian options  
<sup>Ⓞ</sup> Denotes our gluten-free options

## Steaks

### Chef's Cuts

MEDALLIONS <sup>Ⓞ</sup>

220g/7oz €16.50

The most succulent cuts of lomito, filleted from the centre & grilled

CAU SURF & TURF €29.50 <sup>Ⓞ</sup>

160g/5oz fillet steak with three Argentine prawns. Served with smoked garlic aioli

LOMITO <sup>Ⓞ</sup>

440g/15oz €31.50

The finest fillet cut of rump, full of flavour.

Served with a homemade blue cheese sauce

### Sauces

CHIMICHURRI BUTTER €1.50 <sup>⓪</sup> <sup>Ⓞ</sup> • PEPPER SAUCE €1.95 <sup>Ⓞ</sup> • BLUE CHEESE HOLLANDAISE €1.95 <sup>Ⓞ</sup>

BÉARNAISE SAUCE €1.50 <sup>Ⓞ</sup> • CLASSIC CHIMICHURRI €1.50 <sup>⓪</sup> <sup>Ⓞ</sup> • SMOKED GARLIC AIOLI €1.50 <sup>Ⓞ</sup>

## Mains

GRILLED SPATCHCOCK CHICKEN <sup>Ⓞ</sup>

Half €14.95 / Whole €18.50

Grilled with green chimichurri & pico de gallo salsa

GRILLED SALMON €17.25

Simple, fresh & tasty with grilled lemon & rocket

SWEETCORN RISOTTO €14.95

Butter-roasted sweet corn, cooked with white wine, Arborio rice & salted ricotta

ROASTED SQUASH CANNELLONI €15.95 <sup>⓪</sup>

Pasta tubes stuffed with roasted squash, crème fraîche, lemon & chilli. Finished off with a truffle & cream sauce

STEAK SANDWICH €14.25

Flash-grilled cuadril, salt beef, BBQ brisket in a toasted ciabatta with salted onions, dill pickle, spicy mayo & melted cheddar cheese

GRILLED CHICKEN SANDWICH €14.25

Marinated chicken breast with chimichurri mayo, beef tomato, onion, lettuce & coleslaw

Please ask your server for our full list of allergen information. At CAU we work with fresh food in our kitchens so we handle all types of ingredients. As such we cannot guarantee the absence of traces of any allergen in our food. Thank you.

### Classic Cuts

RUMP <sup>Ⓞ</sup>

220g/7oz €15.95 • 300g/10oz €21.25

400g/14oz €27.95

Our leanest cut. Grilled slowly for a tender steak

RIBEYE <sup>Ⓞ</sup>

220g/7oz €19.95 • 300g/10oz €26.50

400g/14oz €35.25

The steak lover's steak. Tender, with intense flavour

SIRLOIN <sup>Ⓞ</sup>

220g/7oz €19.95 • 300g/10oz €26.50

400g/14oz €35.25

This classic steak has a distinctively full flavour

FILLET <sup>Ⓞ</sup>

220g/7oz €28.25 • 300g/10oz €37.75

400g/14oz €48.75

Lean & delicately flavoured, this cut is mouth-wateringly tender

\*Steak weights in ounces are rounded down

## Salads

CHICKEN SALAD

Sml €9.50 / Lrg €13.50

Baby gem, cherry tomatoes, manchego cheese.

Served with a creamy black pepper dressing

SUPERCHARGED SALAD <sup>⓪</sup>

Sml €9.50 / Lrg €13.50

With goat's cheese, avocado, beetroot, edamame beans, pearl barley, cherry tomatoes, grated carrot, radish & toasted mixed nuts with a mustard dressing

CAPRESE SALAD <sup>⓪</sup>

Sml €5.95 / Lrg €9.95

Juicy beef tomatoes, creamy mozzarella with basil, crisp breads & chimichurri

NOODLE SALAD WITH SASHIMI OF BEEF

Sml €9.50 / Lrg €13.50

Udon noodles, spring onions, chilli, radish, carrots, edamame beans & coriander, with a lime & soy dressing

PRAWN SALAD

Sml €9.50 / Lrg €13.50

Baby gem, cherry tomatoes & Manchego cheese.

Served with a creamy black pepper dressing

## Sides

THIN or HAND CUT CHUNKY CHIPS €3.95 <sup>⓪</sup> <sup>Ⓞ</sup>

BAKED SWEET POTATO €4.25 <sup>⓪</sup> <sup>Ⓞ</sup>

With a touch of butter & herbs

ONION RINGS €4.25 <sup>⓪</sup>

In tempura batter

GREEN PEAS €4.25 <sup>⓪</sup> <sup>Ⓞ</sup>

MIXED SALAD €4.25 <sup>⓪</sup> <sup>Ⓞ</sup>

COLESLAW €4.25 <sup>⓪</sup> <sup>Ⓞ</sup>

Homemade coleslaw with red cabbage

ROASTED MUSHROOMS €4.50 <sup>Ⓞ</sup>

With ají molido & garlic

GRILLED CORN €4.25 <sup>⓪</sup> <sup>Ⓞ</sup>

With chipotle butter, chilli & herbs

TRUFFLED MAC & CHEESE €4.25

Macaroni in a cheese & truffle sauce

@CAURESTaurants  
CAURESTaurants.COM