



# RAGAM

South Indian Restaurant





Kerala Cuisine  
www.ragamindian.co.uk  
@RAGAM



**RAGAM**  
South Indian Restaurant

Fitzrovia, London  
W1T 4JN  
020 7636 9098



## STARTERS

<b>Dal Soup</b> 🌿	<b>£4.50</b>	<b>Vada</b> 🌿	<b>£4.95</b>
<i>A Soup with a combination of three different lentils, flavoured with garlic, coriander &amp; black pepper.</i>		<i>Fried doughnut made of lentils, gram flour, ginger, onions &amp; green chillies.</i>	
<b>Masala Dosa</b> 🌿	<b>£6.95</b>	<b>Onion Bhaji</b> 🌿	<b>£4.95</b>
<i>A paper-thin crispy pancake made from rice &amp; lentils, filled with potato masala.</i>		<b>Mysore Bonda</b> 🌿	<b>£5.50</b>
<b>Ghee Roast Masala Dosa</b>	<b>£7.95</b>	<i>Potato balls laced with fresh ginger, curry leaves, coriander, black mustard seeds, dipped &amp; fried in chickpea flour batter.</i>	
<i>Crispy pancake roasted in clarified butter filled with potato masala.</i>		<b>Iddly</b> 🌿	<b>£5.95</b>
<b>Meat/Chicken Masala Dosa</b>	<b>£7.95</b>	<i>Steam cake made of rice &amp; black grams.</i>	
<i>Non-vegetarian pancake delicacy.</i>		<b>Chilli Iddly</b> 🌿	<b>£6.95</b>
<b>Prawn Masala Dosa</b>	<b>£7.95</b>	<i>Pan fried iddly sautéed with onion, capsicum &amp; spring onion.</i>	
<i>Steamed shrimp cooked in a masala of potato, onion, green chilli &amp; tomato.</i>		<b>Poori Masala/Chana</b> 🌿🌿	<b>£6.95</b>
<b>Creamy Mushroom Dosa</b>	<b>£7.95</b>	<i>Puffed bread served with lightly spiced potato masala or chickpeas cooked dry with onions &amp; spices.</i>	
<i>Pancake filled with sliced mushrooms cooked with spices &amp; cream.</i>		<b>Garlic Mogo</b> 🌿	<b>£6.95</b>
<b>Uthappam</b> 🌿	<b>£7.95</b>	<i>Cassava (Tapioca) marinated in turmeric &amp; tossed with ginger, garlic &amp; herbs.</i>	
<i>South Indian "Pizza" made of rice &amp; lentils topped with tomato, chillies &amp; onions.</i>			

🌿 Vegan   🌿 Contains Nuts   🌿 Contains Gluten

<b>Vegetable Samosa</b> 🌿🌿	<b>£4.95</b>
<i>Fried triangle pastry filled with mix vegetables &amp; spices.</i>	
<b>Meat Samosa</b> 🌿	<b>£4.95</b>
<i>Fried triangle pastry filled with lamb cooked with spices.</i>	
<b>Cashew Nut Pakoda</b> 🌿🌿🌿	<b>£5.95</b>
<i>Cashew nuts dipped in spicy batter.</i>	
<b>Chicken Pakoda</b> 🌿	<b>£6.95</b>
<i>Pieces of chicken breast dipped in spicy batter &amp; pan fried.</i>	
<b>Prawn Pakoda</b> 🌿	<b>£6.95</b>
<i>Prawns marinated in a spicy batter &amp; pan fried.</i>	
<b>Kanava Fry</b> 🌿	<b>£7.95</b>
<i>Squid rings marinated in turmeric powder, Batter fried, tossed with onion, garlic &amp; pepper.</i>	

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## RAGAM SPECIALITIES

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*(Can be ordered as a Main Course)*

<b>Chilli Paneer</b>	<b>£8.95</b>
<i>Homemade cottage cheese marinated with chilli &amp; coriander, sautéed with onions, fresh tomato &amp; pepper.</i>	
<b>Pepper Lamb Fried</b>	<b>£9.95</b>
<i>Tender pieces of lamb, slow cooked &amp; gently marinated with crushed garlic, turmeric, dry chilli &amp; black pepper.</i>	
<b>Pepper Wings</b>	<b>£9.95</b>
<i>Chicken wings marinated in spices, fried &amp; tossed with onions, black pepper &amp; capsicum.</i>	
<b>Chicken/ King Prawn Poori</b> 🌿	<b>£9.95</b>
<i>Puffed bread, sandwiched with chicken or king prawns, marinated in spices, cooked with onions &amp; capsicum.</i>	

<b>Chicken Tikka</b> 🌿	<b>£9.95</b>
<i>Succulent pieces of boneless chicken marinated in yoghurt, garlic &amp; herbs.</i>	
<b>Chilli Chicken</b>	<b>£9.95</b>
<i>Boneless chicken pieces marinated in refreshing spices, seasoned with onion &amp; green pepper.</i>	
<b>Grilled King Prawn</b>	<b>£10.95</b>
<i>Marinated pieces of king prawn grilled glazed with garlic &amp; butter sauce.</i>	
<b>King Fish Grilled</b>	<b>£10.95</b>
<i>Marinated king fish grilled in garlic &amp; butter sauce.</i>	
<b>KFC (Keralan Fried Chicken)</b>	<b>£9.95</b>
<i>Chicken pieces (with bone) cooked in traditional style with aromatic ground spices, onion, ginger, garlic, curry leaves and then deep fried.</i>	

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## SELECTION OF BIRYANI'S

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*Biryani – a dish with spiced rice & mixed pieces of either lamb, chicken, prawn or vegetable*

<b>Mixed Biryani</b>	<b>£11.95</b>
<b>King Prawn</b>	<b>£11.95</b>
<b>Fish</b>	<b>£11.95</b>
<b>Lamb</b>	<b>£10.95</b>
<b>Chicken</b>	<b>£9.95</b>
<b>Mushroom</b> 🌿	<b>£8.50</b>
<b>Vegetable</b> 🌿	<b>£8.50</b>
<b>Egg</b>	<b>£8.50</b>

*All Biryani dishes served with VEG CURRY  
PLEASE ASK FOR ANY ALLERGY REQUIREMENTS*

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## FROM OUR FISHERMEN'S NET

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**Fish Molie** £10.95

*King Fish stewed in coconut milk, flavoured with ginger, curry leaves, turmeric, garam masala & ground black pepper, one of our milder curries.*

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**Malabar Fish Curry** £10.95

*King Fish flavoured with smoked tamarind, ginger, curry leaves, shallots & a hint of green chilly.*

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**Spicy Fish Fry** £10.95

*Pan fried Kingfish coated with turmeric, chillies, ginger, garlic & curry leaves.*

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**Kodumpuli Chemmeen** £10.95

*King prawns with crushed coconut, garlic, green chillies, ginger, turmeric, cumin, shallots & curry leaves flavoured with smoked tamarind.*

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**Chilli Fried Chemmeen** £10.95

*King prawns dipped in a very special batter, deep fried, tossed with onion, ginger, garlic, peppers & chillies.*

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**King Prawn Malabar** £10.95

*King Prawns in a roasted coconut milk base with tomatoes, spices & curry leaves.*

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**Kappa & Fish Curry** £11.95

*Kingfish curry served with steamed tapioca root, seasoned with curry leaves & mustard seeds.*

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**King Prawn Madras** (Fairly Hot) £10.95

**King Prawn Kurma** (Very Mild) £10.95

**King Prawn Dupiaza** (Fried Onion) £10.95

**King Prawn Dansak** (Lentil Based) £10.95

**King Prawn Saag** (With Spinach) £10.95

**King Prawn Methi** (With Fenugreek) £10.95

**King Prawn Jalfrezi** (Hot) £10.95

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## CHICKEN

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**Chicken Malabar** £8.95

*Boneless chicken cooked in roasted coconut milk base with tomatoes, spices & curry leaves.*

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**Kozhi Varutha Curry** £8.95

*Chicken cooked in pepper masala, garlic, mustard seeds, curry leaves & ginger.*

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**Butter Chicken** 🍴 £8.95

*Chicken marinated in butter, paprika, spices & tomato & garnished with cream, very mild.*

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**Ginger Chicken** £8.95

*Marinated cubes of chicken cooked in fresh ginger & spices.*

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**Chicken Jalfrezi** £8.95

*Tender chicken prepared with chilli, ginger, capsicum & spices.*

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**Chicken Tikka Masala** 🍴 £8.95

*Everybody's favourite Indian curry.*

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**Chicken Madras** (Fairly Hot) £8.95

**Chicken Kurma** (Fairly Mild) £8.95

**Chicken Dupiaza** (Fried Onion) £8.95

**Chicken Dansak** (Lentil Based) £8.95

**Chicken Saag** (With Spinach) £8.95

**Chicken Methi** (With Fenugreek) £8.95

**Chicken Rogan** (With Capsicum) £8.95

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## LAMB

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**Lamb Malabar** £9.95

*Lamb cooked in a roasted coconut milk base with tomato, spices & curry leaves.*

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**Kerala Meat Curry** £9.95

*Lamb cooked in a traditional masala of onion, tomato, curry leaves, ginger & red chillies.*

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**Green Lamb Curry** £9.95

*Lamb marinated in green masala cooked with tomato, onion & curry leaves.*

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**Lamb Jalfrezi** £9.95

*Tender lamb prepared with chilli, ginger, capsicum & spices.*

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**Erachi Ularthiyathu** £9.95

*Lamb cooked in a way as you have never seen before, deliciously spiced with pepper, coriander & chilli.*

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**Lamb Madras** (Fairly Hot) £9.95

**Lamb Kurma** (Very Mild) £9.95

**Lamb Dupiaza** (Fried Onion) £9.95

**Lamb Dansak** (Lentil Based) £9.95

**Lamb Saag** (With Spinach) £9.95

**Lamb Methi** (With Fenugreek) £9.95

**Lamb Rogan** (With Green Peppers) £9.95

**Keema Methi** (Fenugreek) £8.95

**Keema Peas** £8.95

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## VEGETABLE MAIN DISHES

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**Vegetable Malabar** 🌿 £7.50

*Fresh vegetables cooked with spices, tomato, roasted Coconut milk & curry leaves.*

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**Vendakka & Aloo Puli** 🌿 £7.50

*Tangy tamarind curry made with okra & potato, cooked with crushed coconut, garlic, green chillies, ginger, turmeric, cumin, shallots & curry leaves*

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**Kathrika Koottan** 🌿 🌿 £7.50

*Aubergines cooked in a paste of coriander seeds, roasted onions, chillies mixed with cashew nut sauce.*

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**Thakkali Curry** 🌿 £7.50

*A fresh & tangy dish made of fresh tomatoes, cooked with ginger, onions, spices, coriander & a hint of coconut milk.*

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**Vegetable Jalfrezi** 🌿 £7.50

*Mixed vegetables cooked with onions, green chilli & spices to produce a fairly hot vegetable curry.*

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**Paneer Jalfrezi** £7.95

*Paneer cooked with onions, green chilli & spices to produce a fairly hot curry.*

PLEASE ASK FOR

ANY ALLERGY REQUIREMENTS

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## SIDE DISHES

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<b>Bhindi</b> 🌿	<b>£5.95</b>
<i>Okra mildly spiced with onion &amp; tomato.</i>	
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<b>Brinjal</b> 🌿	<b>£5.95</b>
<i>Aubergines cooked with tomato, onion &amp; chillies</i>	
.....	
<b>Parippu Curry (Dal)</b> 🌿	<b>£5.95</b>
<i>Lentils cooked with turmeric &amp; cumin seeds.</i>	
.....	
<b>Dal &amp; Spinach</b> 🌿	<b>£5.95</b>
<i>Lentils cooked with spinach, turmeric, garlic &amp; cumin seeds.</i>	
.....	
<b>Chana Masala</b> 🌿	<b>£5.95</b>
<i>Chickpeas cooked dry with onion, tomato &amp; curry leaves.</i>	
.....	
<b>Mutter Paneer</b>	<b>£6.95</b>
<i>Mutter Paneer is a delicious dish made of peas &amp; home-made cheese cubes.</i>	
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<b>Saag Paneer</b>	<b>£6.95</b>
<i>Spinach cooked with cubes of home-made cheese.</i>	
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<b>Chilly Cauliflower</b> 🌿🥜	<b>£5.95</b>
<i>Pan fried battered cauliflower cooked with onion, spices, curry leaves &amp; crushed red chilli.</i>	

<b>Cauliflower Manchurian</b> 🌿🥜	<b>£5.95</b>
<i>Cauliflower mixed with a corn flour batter, pan fried, tossed with onion &amp; capsicum.</i>	
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<b>Mushroom Thoran</b> 🌿	<b>£5.95</b>
<i>Mushrooms cooked with onion &amp; garlic.</i>	
.....	
<b>Beans &amp; Coconut</b> 🌿	<b>£5.95</b>
<i>Green beans lightly cooked with mustard seeds, curry leaves &amp; coconut.</i>	
.....	
<b>Bombay Aloo</b> 🌿	<b>£5.95</b>
<i>Dry potatoes marinated in spices &amp; cooked with onions &amp; tomato.</i>	
.....	
<b>Saag Aloo</b> 🌿	<b>£5.95</b>
<i>Spinach &amp; potato cooked with onion &amp; light spices.</i>	
.....	
<b>Cabbage Thoran</b> 🌿	<b>£5.95</b>
<i>Chopped cabbage, grated coconut, tempered with mustard seeds, flavoured with turmeric &amp; curry leaves.</i>	
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<b>Spinach &amp; Garlic</b> 🌿	<b>£5.95</b>
<i>Spinach garnished with garlic, green chillies &amp; cumin</i>	

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## RICE

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Plain Rice 🌿	£2.95
Pilau Rice 🌿	£2.95
Lemon Rice 🌿	£3.50
Coconut Rice 🌿	£3.50
Jeera Rice 🌿	£3.95
Tomato Rice 🌿	£3.95
Mushroom Fried Rice 🌿	£4.50
Egg Fried Rice	£4.50
Veg Pilau Rice 🌿	£4.50

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## BREAD *(All our bread contain gluten)*

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Kerala Paratha <i>(Our equivalent to Naan)</i> 🌿	£3.50
Green Chilli Paratha 🌿 🌿	£3.95
Sweet Coconut Paratha 🌿	£3.95
Garlic Paratha 🌿 🌿	£3.95
Keema Paratha 🌿	£3.95
Aloo Paratha 🌿 🌿	£3.95
Chappathi <i>(2 Per Portion)</i> 🌿 🌿	£3.50
Poori <i>(2 Per Portion)</i> 🌿 🌿	£3.50

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## ACCOMPANIMENTS

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Onion Salad 🌿	£2.95
Poppadum Masala 🌿	£0.60
Poppadum Plain 🌿	£0.60
Pickle Tray	£3.00
Lime Pickle 🌿	£0.60
Pachadi <i>(Raitha)</i>	£2.50
Dahi <i>(Yoghurt)</i>	£2.50





Design by SPACIO architects LTD  
[www.spacioarchitects.com](http://www.spacioarchitects.com)