



## REMEDIAL ACTION

**Belstar Prosecco D.O.C 7**

**Bloody Mary 9.5**

**Bucks Fizz 8.5**

## LOST WEEKEND?

our eggs are free range, laid on Woodlands Farm, Kent

**The Soho Full English 11**

*2 eggs (any way), bacon, Cumberland sausage  
field mushroom, tomatoes, Balans potatoes, toast*

**Two Eggs Any Way 6**

*with toast  
add bacon, sausage or avocado 2*

**Avocado & Quinoa Bruschetta 8**

*cherry tomatoes, halloumi, pesto, balsamic glaze*

**Eggs Benedict 9**

*poached eggs, English muffin, hollandaise  
choice of H Forman & Son smoked salmon, ham or spinach*

**The High Society Lobster Benedict 17**

*poached eggs, avocado, bacon, English muffin, hollandaise*

**H Forman & Son Smoked Salmon 10**

*scrambled eggs, avocado, granary toast*

**Eggs in Hell 8**

*2 eggs poached in a tomato chilli sauce, Balans potatoes, parmesan*

**Cheese Omelette 9**

*fine herbs, Balans potatoes*

**Kedgeree 9**

*smoked haddock, spiced basmati rice, poached egg*

**Steak & Eggs 13**

*Balans potatoes, chimichurri*

**Spinach Crêpe 8**

*spiced chickpeas, onions, tomatoes*

**Breakfast Burrito 9**

*spiced scrambled eggs, flour tortilla, Mexicana cheese  
salsa fresca, sour cream*

## SWEET

**French Toast 8**

*strawberries, banana, warm maple butter*

**Pancakes 8**

*choice of maple bacon, banana or berries, warm maple butter*

**Porridge 4.5**

*with honey*

**House-Baked Granola 6**

*berries, yoghurt, honey*

## LIGHT BITES

**Chickpeas 7.5**

*falafel, houmous, crispy chickpeas, harissa yoghurt, flat bread*

**Maryland Crab Cakes 8.5**

*kohlrabi, avocado, apple*

**3 Cheese Quesadilla 6.5**

*tomatillo chipotle salsa, sour cream*

**Manchego & Serrano Ham Croquettes 8**

*Spanish paprika aioli*

**Smoked Mozzarella & Bolognese Arancini 8**

*red pepper ketchup*

## QUINTESSENTIAL BALANS

**The Infamous Balans Burger 14**

*red Leicester, maple bacon, lettuce, tomato, dill pickle  
red onion marmalade, brioche bun, double-dipped chips*

**Vegetable Jambalaya 13**

*cajun tofu, baby corn, squash, mushrooms*

**10 oz Hereford Rib Eye Steak 26**

*triple-cooked chips, watercress, Café de Paris butter*

**Cornish Crab Linguine 16**

*chilli, lemon, garlic, parsley*

**Red Curry 14**

*chicken, shrimp or vegetables, cashews  
with jasmine rice or egg noodles*

**Beer-Battered Haddock 14**

*mushy peas, double-dipped chips*

**Classic Club 12**

*grilled chicken, bacon, gem lettuce, tomato, avocado  
mayo, toasted sourdough bread, fries*

**Roasted Cod 17**

*champ, cabbage, Welsh rarebit, cockle dressing*

**Chicken & Bacon Cobb 14**

*Cashel blue, avocado, watercress, cos lettuce, ranch dressing*

**Falafel Wrap 13**

*gem lettuce, houmous, tomato, pickles, warm flour tortilla, fries*

## ON THE SIDE

**One Pancake & Fruit 4**

**Black Pudding 2**

**Baked Beans 1.5**

**Fries or Double-Dipped Chips 3.5**

**Balans Potatoes 3.5**

**Steamed Broccoli 3.5**